

CURRICULUM VITAE

John R. Kingsley, MD, FACS, RVT

Vascular Surgeon, Board Certified

PERSONAL

Residence: 2024 2nd Ave. N. Unit 2202
Birmingham, AL 35203

Hometown: Pensacola, Florida

Family: Three Children, Jennifer, John (J.R.) and Sarah

Hobbies: Tennis, horses, writing

EDUCATION

Pensacola Junior College, Pensacola, Florida
Associate of Arts

University of Florida, Gainesville, Florida
Bachelor of Science

University of Florida College of Medicine, Gainesville, Florida
Doctor of Medicine

Bethesda Naval Hospital, Bethesda, Maryland
Intern in Surgery

Bethesda Naval Hospital, Bethesda, Maryland
Resident in Surgery

CERTIFICATIONS

Diplomate, American Board of Phlebology
2008 – Board Certified in Phlebology

Diplomate American Board of Surgery

Vascular Surgery:

1991 - Certified with special qualifications in Vascular Surgery

1999 - Recertified in Vascular Surgery

General Surgery:

1976 - Certified in General Surgery

1988 - Recertified in General Surgery

1996 - Recertified in General Surgery

American Registry of Diagnostic Medical Sonographers

1998 - Certified as Registered Vascular Technologist

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LICENSURE

Alabama 1976 - present, No. = 7446
Georgia, 2008 - license No. = 060289
Oregon 1978 - present, No. = 11235 (inactive)

HOSPITAL APPOINTMENTS

Previous:

Resident in Surgery, Bethesda Naval Hospital, Bethesda, Maryland, 1970-75

Attending Surgeon, Naval Medical Center, Pensacola, Florida, 1975-78

Attending Surgeon, Mid-Columbia Medical Center, The Dalles, Oregon, 1978-92

Attending Surgeon, Klickitat Valley Hospital, Goldendale Washington, 1978-92

Attending Surgeon, Russell Hospital, Alexander City, Alabama, 1992-97

Attending Surgeon, Brookwood Medical Center, Birmingham, Alabama 2002-2007.

Attending Surgeon, Carraway Methodist Medical Center, Birmingham, Alabama, 1997-2007.

AWARDS AND HONORS

Recognized as one of Top Surgeons in America, by Consumers' Research Council of America, 2002-2003, 2004-2005, 2006- 2007, 2008-2010.

Conferred Emeritus Fellowship in the Australasian College of Phlebology, Sydney, Australia, November, 2007.

Board of Directors, Alabama Vascular Society, 2001-present.

President, Alabama Vascular Society, 2009 – 2011.

Chairman, Dept. of Surgery, Norwood Clinic, 2000-2002.

Chairman, Dept. of Surgery, Carraway Methodist Medical Center, 2000-2002.

President, American Society of Outpatient Surgeons, 1992-95.

Editorial Advisory Board to Newsletter Laparoscopic Surgery Update, published by William and Wilkins, Inc., A Waverly Company, 1993-1997.

The Society for Vascular Surgery, Fellow (Invitational) 1985-

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AWARDS AND HONORS (cont.)

Executive Council, Pacific Northwest Vascular Society

Advisory Board to Governor's Committee on Ambulatory Surgery, American College of Surgeons, 1992-97

Board of Directors, Accreditation Association for Ambulatory Health Care, Chicago, Illinois, 1995

Editorial Board, Men of Achievement Certificate of Merit, International Biographical Centre, Cambridge, England, 1998

Navy Commendation Award, Medical Corps, 1978

Physicians Recognition Award, American Medical Association, 1978-present

Service Appreciation Award from Disabled American Veterans, 1977

Sheard-Sanford Award for Clinical Pathology, 1970

Roger Schnell Award for Clinical Neurology, 1970

Beta Beta Beta Biological Honor Society, 1964

Phi Theta Kappa Honor Society, 1961

Sponsor and Program Chairman for Symposium: Phlebology Colorado 2009, Telluride, Colorado, December 9-12, 2009.

PROFESSIONAL SOCIETIES

American College of Surgeons, Fellow (FACS)

American College of Phlebology

The Society for Vascular Surgery,
Fellow

Australasian College of Phlebology, Emeritus
Fellow

The Southern Association for Vascular Surgery

Alabama Medical Society

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PROFESSIONAL SOCIETIES CONTN'D

American Society of Outpatient Surgeons,
President, 1992-'95.

Southeastern Surgical Congress, Fellow

Alabama Vascular Society, President 2009-2011.

Alabama Chapter, American College of
Surgeons

American Medical Tennis Association

SCIENTIFIC PUBLICATIONS

General:

“Effect of Sciatic Neurectomy on Myelinogenesis in
the Rat Spinal Cord”. Experimental Neurology ,
Vol. 26, No. 3, March 1970.

“Autotransfusion For Treatment of Experimental
Hemorrhagic Shock.” Melanin, T.I., et al. Chapter in
Acute Fluid Replacement in the Therapy of Shock,
Copyright 1974. Stratton Medical Book Corporation.

“Blunt and penetrating Neck Trauma.” Oregon
Trauma Newsletter. Winter 1981.

Ambulatory Health Quality Assurance.
Textbook/Workbook. Copyright, 1984.

“Quality Assurance-Pass Key to Success.” Chapter in
Outpatient Ophthalmic Surgical Center, Copyright,
1985, Slack Inc. Publishers.

“Gallbladder Surgery in the 1990's.” Surgical
Rounds, January, 1992.

“Fifteen Minute Patient”. Book in Progress.

Vascular:

“Citrate Anticoagulation and On-line Cell Washing
in Intraoperative Autotransfusion in the Baboon.”
Surgical Forum, A.C.S., 1973.

SCIENTIFIC PRESENTATIONS

“The use of Citrate Anticoagulation and Cell
Washing for Intraoperative Autotransfusion in the
Baboon”. American Journal of Surgery, June, 1976.

“Heparin versus Citrate Anticoagulation in
Autotransfusion.” Journal of Surgical Research,
29:333-340. 1976.

“Treatment of High Extracranial Internal Carotid
Artery Aneurysms.” Archives of Surgery, November
1976.

“High Internal Carotid Exposure Using Double
Clamp Technique With Javid Shunt.” Surgery
Gynecology and Obstetrics, December, 1982.

“Sclerotherapy and Venous Insufficiency.”
Monograph published by MPE Communications and
sponsored by the Cleveland Clinic and Wyeth-
Ayerst. February, 1995.

“Vascular Injuries of the Upper Extremity.”
Southern Medical Journal. Vol. 93, No. 5, 466-468,
May, 2000.

“The Effect of Endovenous Laser Ablation on
Restless Leg Syndrome”, Phlebology 23: 112 – 117.
July, 2008

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“Complicated Extracerebral Vascular Surgery.” Presented to Oregon Chapter, American College of Surgeons, Sun River, Oregon, September 8, 1979.

“Carotid Stenosis Post Endarterectomy.” Presented to Portland Surgical Society, Portland, Oregon, May 30, 1981.

“Carotid Endarterectomy-Safe in a Community Hospital?” Presented to Oregon Chapter, American College of Surgeons, Sun River, Oregon, October 1, 1983.

“Carotid Artery Surgery in the Community Hospital Setting.” Presented to Pacific Northwest Vascular Society, Victoria, British Columbia, November 10, 1983.

“Quality Assurance in the Medical Office.” Presented to Medi-Center Management Conference, Anaheim, California, November 3, 1985.

“Physician Sponsored Quality Assurance in Office Surgery.” Presented to American Society for Outpatient Surgeons, San Diego, California, March 14, 1986.

“Office Surgery Basics.” Presented to Medi-Center Management Conference, Dallas, Texas, October 7, 1986.

“Modern Decision Making in Carotid Artery Surgery.” Presented to Pacific Northwest Vascular Society, Tacoma, Washington, November 13, 1986.

“Office Surgery: 100 + Consecutive Hernia Repairs.” Presented to Oregon Chapter, American College of Surgeons, Salishan, Oregon, September 9, 1988.

“Quality Control of Ambulatory Surgery.” Presented to Board of Governors, American College of Surgeons, Chicago, Illinois, October 3, 1988.

“Carotid Decisions: Color Flow Ultrasound.” Presented to Pacific Northwest Vascular Society, Coeur d’ Alene, Idaho, November 3, 1988.

“Quality Assurance of Surgeon’s Offices- A Team Concept.” Presented to American Society of Outpatient Surgeons, Orlando, Florida, January 27, 1989.

“Carotid Ultrasound: High Risk Color Flow Patterns- Early Observations.” Presented to Pacific Northwest Vascular Society, Victoria, B.C., Canada, November 1, 1989.

“Outpatient Surgery Standards, Who-What-Why.” Presented to the American Society of Outpatient Surgeons, San Diego, California, February 28, 1990.

“Ambulatory Surgery in the United States, An Overview.” Presented to the American College of Surgeons 76th Clinical Congress, San Francisco, California, October 20, 1990.

“Ambulatory Surgery, the Gold Standard.” Presented to Symposium VII on Operating Room Environment, American College of Surgeons, Orlando, Florida, May 7, 1991.

“Mini Symposium on the Techniques of Carotid Endarterectomy.” Presented to the Pacific Northwest Vascular Society, Portland, Oregon, November 7, 1991

SCIENTIFIC PRESENTATIONS (cont.)

“Leaders of American Surgery.” President’s Message Presented to American Society of

Outpatient Surgeons, San Diego, California, February 20, 1993.

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“Reimbursement for Ambulatory Surgery: Multi Specialty, Uni-Specialty, and Physicians Offices.” Presented to American College of Surgeons Spring Meeting, Montreal, Canada, April 25, 1993.

“Professional Presentations to Medical Staffs of Chinese Hospitals.” Delegation Leader, Ambulatory Surgery Delegation to China, September 14-29, 1993, Beijing, Chengdu, and Kungming, China.

“An Overview of Reimbursement For Outpatient Surgery.” Presented to American College of Surgeon’s General Assembly, San Francisco, California, October 14, 1993.

“The Cost Effectiveness of Ambulatory Surgery.” Presented to Post Graduate Course on Ambulatory Surgery, American College of Surgeons, San Francisco, California, October 15, 1994.

“Health Care Reform and Ambulatory Surgery.” President’s Message, Presented to the American Society of Outpatient Surgeons, San Diego, California, February 11, 1994.

“Carotid Ultrasound Patterns Predictive of High Stroke Risk.” Presented to Alabama Chapter, American College of Surgeons. Point Clear, Alabama, May 14, 1994.

“Multidisciplinary Symposium: Issues in Quality Assurance in Ambulatory Surgery.” American College of Surgeons Annual Meeting, Chicago, Illinois, October 12, 1994.

Two Presentations:

1. “Factors which influence the Site of Service for an Outpatient Surgical Procedure.”
2. “Will Quality Assurance Guidelines Salvage the Practice of Office Based Surgery in the United States?”

“Emerging Options for Management of PAD;

“Venous Insufficiency and Sclerotherapy.” Symposium sponsored by Cleveland Clinic Education Foundation. San Diego, California, February 24, 1995.

“The Future of Outpatient Surgery.” President’s Message, American society of Outpatient Surgeons, San Diego, California, February 24, 1995.

“Vertebral and External Carotid Arteries: Not Always Inconsequential.” Pacific Northwest Vascular Society. Victoria, British Columbia, November 9, 1995.

“1996 Perspectives in Ambulatory Surgery.” American College of Surgeons and the German Surgical Society, Berlin, Germany, May 10, 1996.

“Cost Effective Office Surgery.” American College of Surgeons Annual Meeting, Chicago, Illinois, October 14, 1997.

“Peripheral Vascular Disease and Diabetes.” Carraway Methodist Medical Center/Norwood Clinic, Primary Care Symposium, Guntersville, Alabama, May 3, 1998.

“Peripheral Vascular Disease: The State of The Artery.” Surgery Update ’98. Carraway Methodist Medical Center/Norwood Clinic. Birmingham, Alabama, September 18, 1998.

“New Techniques in Vascular and Endovascular Surgery.” Primary Care Symposium, Carraway Methodist Medical Center/Norwood Clinic. Guntersville, Alabama, May 1, 1999.

SCIENTIFIC PRESENTATIONS (cont.)

Intermittent Claudication.” Primary Care

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Symposium, Point Clear, Alabama, March 11, 2000.

“Emerging Trends in Vascular Disease.” Continuing Medical Education Conference, Medical Center East, Birmingham, Alabama, April 11, 2000.

“Modern Strategies for Limb Salvage.” Southern Society of Clinical Surgeons Meeting, Carraway Methodist Medical Center/Norwood Clinic, Birmingham, Alabama, April 18, 2000.

”The New Standards of Care in the Modern Era of Vascular Surgery.” Birmingham Surgical Society Meeting, Birmingham, Alabama, November 14, 2000.

“Duplex Ultrasound and Modern Vascular Surgery.” Alabama Society of Echocardiography and Vascular Technology Meeting, Montclair Baptist Medical Center, Birmingham, Alabama, April 12, 2001.

“Indications and Availability for Carotid Artery Patching.” Alabama Vascular Society Meeting, Wynfrey Hotel, Birmingham, Alabama, April 27, 2001.

“Carotid Artery Patch Angioplasty, Materials and Outcomes.” Pacific Northwest Vascular Society Annual Meeting. Victoria, British Columbia, November 8, 2001.

“EndoLuminal Laser Ablation of the Saphenous Vein (ELAS)” Technique and Results. Dornier 940 NM User Meeting, Mirage Hotel, Las Vegas, NV, March 15, 2002.

“Endovenous Laser Ablation of the Saphenous Vein” Alabama Vascular Society Meeting, Old Overton Club, Birmingham, Alabama, May 3, 2002.

“Venous Ultrasound and Endovenous Saphenous Vein Ablation.” Presented to Alabama Vascular Society, Point Clear, Alabama, May 10, 2003.

“Endovenous Laser Ablation of the Greater Saphenous Vein in the Management of Saphenous Venous Incompetence.” Presented to Carraway Education & Research Day by chief surgical resident April Johnson, M.D., Dr. Kingsley co-author, Carraway Medical Center, Birmingham, Alabama, May 21, 2003.

“May-Thurner syndrome: Case Reports of 2 Adolescent Siblings.” Presented to Carraway Education & Research Day by 4th year surgical resident, Kevin Ward, M.D., co-author Dr. Kingsley, Carraway Medical Center, Birmingham, Alabama May 21, 2003.

“The Vena Cava Dagger: Death from Central Venous Cannulation.” Presented to Carraway Education & Research Day by chief surgical resident, Michael Hailey, M.D., co-author Dr. Kingsley, Carraway Medical Center, Birmingham, Alabama, May 21, 2003.

“The Art and Science of Modern Sclerotherapy.” Presented to the VNUS Total Vein Care seminar in Scottsdale, Arizona and again in New Orleans, La, October, 2004 and February, 2005.

“Anticoagulation and Venous Insufficiency”, Presented to the Alabama Vascular Society meeting, Birmingham, Alabama, May 5, 2006.

“Experience with Endovenous Laser Ablation of The Saphenous Vein”, Presented as a special symposia to the Australian/New Zealand Society For Vascular Surgery, Cairns, Australia, September 6, 2006.

“Endovenous Laser Ablation of the Incompetent Saphenous Vein”, Presented to the Australian/

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New Zealand Society of Phlebology, Cairns, Australia, September 8, 2006.

“Sclerotherapy: Practical Use and State of the Art”, also “Recurrent Varicose Veins after Stripping and Ligation Surgery”, Presented to The Australian/New Zealand Society of Phlebology, Cairns, Australia, September 9, 2006.

“Modern Treatment of Varicose Veins and Related Vein Disorders” Presented to Health & Wellness Conference for New Jersey Women, Hyatt Regency Hotel, New Brunswick, New Jersey, October 14, 2006.

“Endovenous Ablation with the 1320 NM Laser: The First Reported Detailed Analysis”, Poster presentation to the 20th Annual Congress of the American College of Plebology, Sawgrass Marriott Resort, Ponte Vedra, Florida, November 9-12, 2006.

“Venous Stasis Ulcers and Endovenous Ablation”, Presented to the American College of Phlebology CoolTouch Seminar, Sawgrass Marriott Resort, Ponte Vedra, Florida, November 10, 2006.

“Successful Treatment of Patients with Venous Insufficiency and on Coumadin Anti-Coagulation”, Presented to the General Session of the 20th Annual Congress of the American College of Phlebology, Sawgrass Marriott Resort, Ponte Vedra, Florida, November 11, 2006.

“General topics in Vein Disorders, Sedona Days Vein Symposia” sponsored by Sigvaris, Inc. and Nick Morrison, M.D., Sedona, Arizona, April 12 – 14, 2007.

“Endovenous Saphenous Vein Ablation for Treatment of Venous Stasis Ulcers”, Presented to the Alabama Vascular Society and Atlanta Vascular Society, Callaway Gardens, Georgia, May 5, 2007.

“Endovenous Saphenous Ablation with the 1320 nm CoolTouch Laser”, Presented to the Asian Chapter Meeting of the World Congress of the International Union of Phlebology, Kyoto, Japan, June 18, 2007.

“Venous Stasis Ulcers Successfully Treated with Endovenous Saphenous Vein Ablation”, Presented to the Asian Chapter Meeting of the World Congress of the International Union of Phlebology, Kyoto, Japan, June 19, 2007.

“Modern Treatment of Vein Disorders”, Presented to the Asian Chapter Meeting of the World Congress of the International Union of Phlebology, Kyoto, Japan, June 19, 2007.

“Recent Advances in Endovenous Treatment for Varicose Veins, Endovenous Laser Therapy”, Presented to the Taiwan Society for Vascular Surgery, Taipei, Taiwan, June 23, 2007.

“Covert Marketing”, Presented to the Total Vein System Marketing Seminar, Houston, Texas, July 14, 2007.

“Phlebology Alabama Style, Treating Difficult Patients with Venous Insufficiency”, Presented to the Australasian College of Phlebology, Sydney, Australia, September 20, 2007.

“American Experience with the 1320 CoolTouch Laser”, Presented to the Australasian College of Phlebology, Sydney, Australia, September 20, 2007.

“Controversies in Phlebology”, Presented to the Australasian College of Phlebology, Sydney, Australia, September 20, 2007.

“Venous Stasis Ulcers Treated with Endovenous Laser Ablation”, Presented to the Australasian College of Phlebology, Sydney, Australia, September 20, 2007.

“Modern Treatment of Vein Disorders”, Presented to the Australasian College of Phlebology, Sydney, Australia, September 21, 2007.

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“Restless Leg Syndrome and Venous Insufficiency”, Presented to the Australasian College of Phlebology, Sydney, Australia, September 21, 2007.

“Management of Incompetent Deep Veins”, Presented to the Australasian College of Phlebology, Sydney, Australia, September 21, 2007.

“Treating Inoperable Venous Insufficiency Patients with the CoolTouch 1320 nm Laser”, Presented to the CoolTouch Seminar at the American College of Phlebology, Tucson, Arizona, November 9, 2007.

“Endothermal Ablation, Lessons Learned”, Presented with Robert Merchant, M.D. to the Interactive Sessions for the American College of Phlebology Annual Meeting, Tucson, Arizona, November 10, 2007.

“Update on Long Term Results of Endovenous Laser Ablation with the CoolTouch 1320nm Laser:”, Presented to the Australasian College of Phlebology, Gold Coast of Australia, September 9, 2008.

“Current Status of Restless Leg Syndrome and Venous Insufficiency”, Presented to the Australasian College of Phlebology, Gold Coast of Australia, September 11, 2008.

“Management of Venous Stasis Ulcers with Endovenous Laser Ablation”, Presented to the Australian Society of Vascular Surgery, Adelaide, Australia. September 13, 2008.

“Long Term Results of Endovenous 1320nm Laser Ablation of the Incompetent Saphenous Vein”, Presented to a Special Symposium of the American College of Phlebology, Marco Island, Florida, November 7, 2008.

“Current State of Treatment for Venous Insufficiency Syndromes” Presented to the Alabama Vascular Society, Birmingham, Alabama, May 1, 2009.

“The Treatment of Superficial Vein Problems Around the World”, Presented to a Special General Public Symposium held at the Tokyo Dome Hotel, Tokyo, Japan, hosted by a local TV Producer, July 8, 2009.

“Endovenous Laser Ablation and Modern Treatment of Vein Disorders”, Presented to the Tokyo Vein Clinic Physician Symposium, Tokyo, Japan, July 10, 2009.

“Case Presentations: Venous Insufficiency caused by AV malformation, Acute Superficial Venous Thrombosis, Congenital Venous Malformation, Deep and Superficial Venous Valve Incompetence, Accessory Venous Incompetence. Presented to the Symposium Phlebology Colorado 2009, Telluride, Colorado, December 9 – 12, 2009.

Sponsor and Program Director of Continuing Education Program “Phlebology Colorado 2009”, Telluride, Colorado, December 9-12, 2009.